

Please attach a requested project cost breakdown and any supporting materials or documents. Pamphlet and printing \$250; Writing/Art Digital Camera \$625 Technology; Garden Supplies \$250 Science; Student Cooking Kits \$15,000; Family Cooking Supplies; Equipment \$1,100 Science; Cooking Supplies Food \$1,800; Science Field Trip Admission: Bee City Zoo & Growing Spirits Camp \$805 Science; Field Trip Transportation \$400; Pink House Aprons \$705 Pink House Tee Shirts \$800 Student Teachers and Supervision \$15,500 Office Supplies \$500 Mailing and Postage \$200 Total Project Budget \$37,935 **Are there any materials submitted with this form? Yes or X No**

Justification of Request/Public Benefit:

Many of the youth living in the Ardmore Sherwood Forest families rate preparing nutritious meals and learning about healthy food as a low priority. Cooking skills for the young are almost absent in these homes, and this creates an ongoing climate of unhealthy attitudes and a lack of key skills from generation to generation.

The Cook to Live! PINK HOUSE STYLE Program will provide our 2023 summer camp/after-school participants a modified culinary class for the Youth to learn the basics and the tools to cook for themselves and their families. They will learn the value of healthy food and the skills they need to put ingredients together to produce healthy and nutritious meals. For young people who have been more used to simply grabbing what they can and living on convenience foods, this represents an enormous life change for the better. By actively engaging the youth in the full range of food acquisition to meal preparation it will empower them to build a foundation of a healthy relationship with food.

Although the Ardmore Sherwood Forrest Neighborhood is not in a food desert geographically, it is in a food desert economically. As a result, the Pink House has been addressing food insecurity in the community for over 25 years. Providing food to the students and the community has been the centerpiece of our programs. With COVID-19 the need for food has increased as well as teaching how to prepare food for personal and family consumption.

As an integral part of the community, we focus on youth development, leadership, resources, services, and education. Part of our core mission is to be an activity and communication hub within the community. Therefore, we are active in the Neighborhood Association, local Churches, and with families within the community. Awareness of events, programs, and activities is often shared through word of mouth. It is expanded through fliers, text messages, email, signs throughout the neighborhood. We have a small social media presence that we are

currently to promote more engagements and awareness about learning opportunities, such as this one through our center.

We believe the ability to cook never ceases to be beneficial. Nor is there much difference in providing knife skills to a child home alone who needs to feed younger siblings, or to a future chef. We believe everyone who participates will become self-confident, gain greater knowledge of nutrition and basic culinary skills. Beyond the practical skills, cooking builds character. It also encourages kids to be open to new foods they otherwise might not have tried. Cooking with a friend, or family members is a great way to relieve stress, create conversation, laughter, and art — all of which can contribute to health and well-being,

Of course, the best part of the CookToLive!PinkHouseStyle Program is not only about STEM/STREAM skills, or even life lessons. Cheesy as this might sound, it's the potential memories you get to make together in the kitchen:

**Seventh Day Baptist Community Development Education Service
Outreach Ministries DBA PINK HOUSE Neighborhood Resource Center**

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Teesha Trapp Budget Analyst
Ways & Means Committee
South Carolina House of Representative
Via email: TeeshaTrapp@schouse.gov

Seventh Day Baptist DBA The Pink House Summer Cooking
EIN: 57-1074926

Request \$38,000.00 for a summer program,
and services that promote diversity, family literacy, neighborhood access to
technology, after-school enrichment programs, youth leadership and Service
Learning Programs which benefits those in need, disabled or elderly

Sincerely,

Rev. Christian King, Sr. Pastor
Lowcountry Christian Center Seventh Day Baptist Church
CEO, PINK HOUSE NRC
843-556-3486 PH 843-442-6079 Mobile

***It is easier to build strong children than it is to fix broken
adults.~Frederick Douglass***